



THE  
ROSE PATERSON  
TRUST

2022 GRANT REVIEW

WE SET OUT  
WITH THE AMBITION  
OF SAVING JUST ONE  
FAMILY FROM THE  
AGONY OF SUICIDE.

WE DISTRIBUTED £131,000  
in support of 7 outstanding charities  
combating the suicide epidemic on  
the front line.

AFTER JUST ONE YEAR, we are  
pleased to announce that we have far  
surpassed our original ambition.

## HERE'S WHAT OUR GRANTEES ACHIEVED

850,000

### LIVES REACHED

The total impressions made indirectly or directly by grantee activity.

8,164

### LIVES TOUCHED

The number of people given hope by the Rose Paterson Trust grantees.

7,388

### LIVES CHANGED

The number of people receiving lifechanging support by the RPT grantees.

231\*

### LIVES SAVED

The number people who are still with us today.

\* But the true impact is exponential, unquantifiable and likely far greater.

Due to the difficulties in capturing data, we can never really know how many people would have taken their lives if it were not for the generous support of our donors and hard work of the grantees.

TO ALL OF OUR GRANTEES, SUPPORTERS, DONORS AND ADVISERS, THANK YOU!

BECAUSE OF YOUR HARD WORK, 231 wives, husbands, mothers, fathers, daughters, sons, brothers, sisters and friends are alive today. You achieved this.

# THE ROSE PATERSON TRUST 2022

## GRANTEES UP CLOSE

CREATIVE OPTIONS  
COMMUNITY PROJECT  
creative-options.org

£10,000 GRANT AWARDED



CREATIVE OPTIONS  
COMMUNITY PROJECT  
Registered charity no. 1169194

3 LIVES SAVED | 6 LIVES IMPROVED | 20+ LIVES IMPACTED

“One participant felt no hope and experienced regular suicidal ideations. By the end of the programme she was more hopeful and connected with others in the group. She had gained acceptance of who she was.”

### WHAT THEY DID...

- Developed an online platform offering a range of courses to help individuals with recovery.
- Set up a Wednesday night Creative Options catch-up for facilitated discussion and Sunday afternoon SPACE sessions.
- Created a peer-support pod to provide a safe space, contact with peers and practice skills.

KINTSUGI HOPE  
kintsugihope.com

£20,000 GRANT AWARDED



C. 1,700 LIVES IMPROVED | C. 2,000 LIVES IMPACTED

“...she found support and acceptance, plus tools to help her manage her emotional and mental wellbeing, such that she started to feel stronger and over the weeks, realised that **she no longer wanted to end her life.** She said (with tears in her eyes) that she 100% wouldn't still be here if it wasn't for the wellbeing group...”

### WHAT THEY DID...

- Partnered with 62 new organisations, trained 276 new leaders, and established 208 new groups, with a further 28 groups expected soon. Approximately 2,000 people attend.
- 95% say they've learned tools to help them cope, 96% feel safe and supported, 80% increase their self worth.

IF U CARE SHARE  
FOUNDATION  
ifucareshare.co.uk

£20,000 GRANT AWARDED



153 LIVES IMPROVED | 331 LIVES IMPACTED

“Suicide is real, destructive, and it is killing the young and old alike. There are no social boundaries to suicide.” The youngest service user was 9, the oldest 92. **Not one person using IUCS services has taken their life.**

### WHAT THEY DID...

- Expanded operations with 331 new referrals and engaged 153 people in holistic support.
- Increased collaboration to 26 other organisations, and created partnerships with many professional & grassroots sports clubs.
- Matthew ran to Westminster (289 miles) to advocate for suicide awareness provision.

PILLAR KINCARDINE  
pillarkincardine.co.uk

£20,000 GRANT AWARDED



130 LIVES IMPROVED | 331 LIVES IMPACTED

“Thanks to the Rose Paterson Trust we have continued to develop our support facilities for those experiencing mental health problems. Funding has allowed employment of an additional member of staff, enabling us to meet the growing demand on our services resulting from the pandemic and cost of living crisis.”

### WHAT THEY DID...

- Delivered a weekly programme of 7 different regular groups in an area with little statutory service provision.
- Met rising demand of 105% compared with the previous year, with 45 new referrals receiving 1:1 support.
- Involved service users in strategy and events.

R;PPLE  
ripplesuicideprevention.com

£20,000 GRANT AWARDED



24+ LIVES SAVED | 1,486 LIVES IMPROVED | 850,000 LIVES IMPACTED

“Not only have we expanded our global reach to 9 countries but we have increased downloads 8-fold, and intercepted 4 times the amount of harmful searches... **24 people have approached R;pple directly to inform us they are still here because R;pple intercepted them at their most vulnerable point.**”

**WHAT THEY DID...**

- Provided free software to parents, charities, and 55 schools and education providers. Increased corporate and statutory service users to 36.
- Enhanced functionality with wifi-integration, image rotation, and snooze function.
- Increased compatibility across 5 major browser platforms and 13 languages.

THE LISTENING PLACE  
thelisteningplace.org.uk

£25,000 GRANT AWARDED



204 LIVES SAVED | 3,713 LIVES IMPROVED | 4,313 LIVES IMPACTED

“Thanks to the support of the Rose Paterson Trust we’ve been able to reach more people who are feeling suicidal and offer them free, sustained, face-to-face support. By funding the role of Visitor Support Coordinator, we can respond to offer support quickly. In a world where waiting lists are getting longer, this is a vital element of our support.”

**WHAT THEY DID...**

- Contacted all 3,713 referrals within 24 hours and offered everyone a F2F appointment within 7 days.
- Opened a third location and Supported every person at a cost of less than £300.
- 71% of referrals receive regular appointments with 1,200 people supported at any one time.

SHROPSHIRE MENTAL  
HEALTH SUPPORT  
shropshiremhs.com

£20,000 GRANT AWARDED



200+ LIVES IMPROVED | 1,500 LIVES IMPACTED

“The delivery of a service that comes to you, at a point you may be extremely depressed or suicidal, because you are worth it, brings a smile to the face of everyone we’ve met... One person stated “isn’t it so important to take hope out to everyone, and not for us to keep looking for hope, it is wonderful to see.”

**WHAT THEY DID...**

- Refurbished a vehicle as a new mobile mental health centre focused on rural communities with scant provision who are not likely to otherwise talk about suicide or mental health.
- Since going live, 4 locations have been visited, reaching circa. 1,500 people. Hundreds of information booklets have been disseminated.

# THE ROSE PATERSON TRUST 2022 GRANTEES MAP



IN PARTNERSHIP WITH



